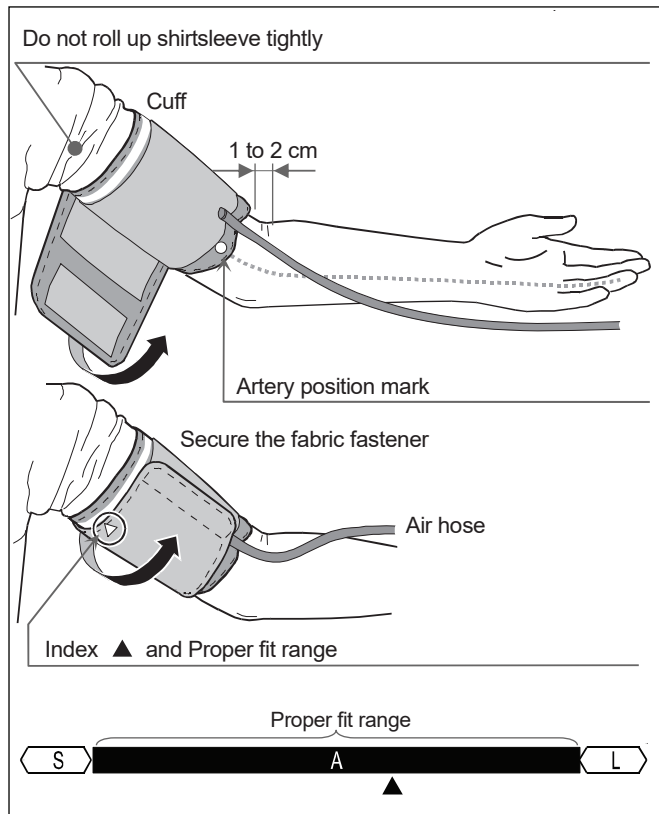


Applying The Arm Cuff

1. Face the palm of the arm upwards. Wrap the cuff around the upper arm, about 1 to 2 cm above the inside of the elbow as shown. Constriction of the upper arm, caused by rolling up a shirtsleeve may prevent accurate readings.
2. Place the cuff directly against the skin, as clothing may cause a faint pulse and result in a measurement error.
3. Wrap while keeping the looseness with the cuff around the upper arm so that it allows one or two fingers to insert between the cuff and arm.
3. Confirm that the index ▲ points within the proper fit range.



Notes for Accurate Measurement

- Let a patient sit down in a comfortable position. Confirm that a patient does not cross the legs, patient's legs touch on the floor and patient's back and arms are supported. Let a patient place the arm on a table with the palm facing upward and the cuff at the same level as patient's heart.
- Let a patient relax for about five to ten minutes before taking a measurement. If a patient is excited or depressed by emotional stress, the measurement will reflect this stress as a higher (or lower) than normal blood pressure reading and the pulse reading will usually be faster than normal.

Measurement

During measurement, it is normal for the cuff to feel very tight. (Do not be alarmed).

After Measurement

After measurement, press the **START** button to turn off the power. Remove the cuff.

Note: The device has an automatic power shut-off function, which turns the power off automatically one minute after measurement.